



October 2026 - Livingston Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	CLOSED 6:30PM–8PM Y12SR Ritz Mountain Yoga Studio, 24 Commercial St. Livonia, NY	12PM–5:30PM Open Gym 12:30PM–1:30PM Lights and Leashes with Leeann OCT. 20th 1PM–3PM Y12SR with Pam Yoga and 12 Step Meeting Lavender Fields Yoga Studio Located at 6519 Dantz Rd, Groveland NY 5PM–6:30PM Creative Writing with Alyssa In person or on Zoom. Meeting ID: 891 6632 4197 Passcode: 309304 5:30PM–6:30PM Fitness Class	12PM–7PM Open Gym 10AM–11AM Workforce Readiness Class 1st Wednesday ONLY 1PM–3PM Recovery Walk/Run 5:30PM–6:30PM Mindful Yoga	12PM–5:30PM Open Gym 10:30AM–11:30PM Triple P Parenting Class 12:30PM–1:30PM Lights and Leashes with Leeann OCT. 8th 15th 29th 3PM–5PM Community Cleanup Project OCT. 1st If interested, please email asick@casa- trinity.org 3:30PM–4:30PM TEA-TIME 5:30PM–6:30PM Art Class 5:30PM–6:30PM Beginner Fitness Class 7PM–8PM AI–Anon Meeting In person or on Zoom. Meeting ID: 891 6632 4197 Passcode: 309304	12PM–7PM Open Gym 12PM–1PM Mindful Meditation 1:30PM–2:30PM Book Club Email Alyssa, asick@casa- trinity.org if interested 3PM–5PM Family Fun Game Night 5:30PM–7PM Night Hike Recovery Meeting at Mossy Bank in person or on zoom Meeting ID: 831 0057 3714 Passcode: 485938 email Alyssa at asick@casa-trinity.org for carpooling options	<i>Saturday weekly outdoor events Check our FB page or attached event list for details, locations, and carpooling options.</i> <i>*All events on the schedule are at The Center unless an address or location is given under the event.</i> THE CENTER A SAFE SPACE FOR ADULTS AND FAMILIES 134 Main Street Dansville, NY 14437

AIR Livingston County is located at 134 Main St, Dansville, NY | Open Tuesday–Friday 12pm–7pm | AIR Contact: Alyssa Sick | asick@casa-trinity.org

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October 2026 - Steuben Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		12PM–7PM Open Gym 2PM–3:30PM Community Clean-Up OCT. 6th 3:30PM–4:30PM All Recovery Meeting 6PM–8PM Fatherhood Connection	12PM–7PM Open Gym 12PM–1PM Book Club: Email Jess at jshaffer@casa-trinity.org if interested In person or on Zoom. SEE HYBRID CAL. FOR INFO! 5:30PM–6:30PM Game Night 6PM–7PM Strength Training 6:45PM–7:45PM The Women's Circle AA Meeting in person and on Zoom Meeting ID: 846 4810 8717 Passcode: 12and12 6PM–7PM Hornell Book Club at New Hope Community Center	12PM–7PM Open Gym 12PM–1PM Crystal Meth Anonymous In person and on Zoom Meeting ID: 875 2627 5787 Passcode: 090781 2:30PM–3:30PM Guided Meditation with Daniel 4PM–5PM Bible Study 5:30PM–6:30PM Arts and Crafts with Shannon	12PM–5PM Open Gym 10AM–11AM Workforce Readiness Class 10/16 Every 3rd Friday only 3PM–4PM Strength Training 5:30PM–7PM Night Hike Recovery Meeting at Mossy Bank in person or on zoom Meeting ID: 831 0057 3714 Passcode: 485938 email Jess at jshaffer@casa- trinity.org for carpooling options	<i>Saturday weekly outdoor events Check our FB page or attached event list for details, locations, and carpooling options.</i> <i>*All events on the schedule are at The Center unless an address or location is given under the event.</i>  THE CENTER A SAFE SPACE FOR ADULTS AND FAMILIES 54 Liberty Street Bath, NY 14810

AIR Steuben County is located at 54 Liberty Street, Bath, NY 14810 | AIR Contact: Jessica Shaffer | jshaffer@casa-trinity.org

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October 2026 - Chemung Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	CLOSED 6PM–7PM Crystal Meth Anonymous	10AM–5PM Open Gym 1:30PM–2:15PM 180° Meeting (Treatment Court Participants Only)	10AM–5PM Open Gym 11AM–3PM Application assistance for housing, employment, etc. 11AM–1PM Open Art Studio: Come create! Supplies provided. 1PM–2PM Beginner Yoga 3PM–4PM Pathways To Greatness <i>Men's Support Group</i>	10AM–5PM Open Gym 10AM–11AM Queer Coffee Club In Person & Zoom Meeting ID: 851 8737 1522 Passcode: AIR2026 11AM–12:30PM Narcotics Anonymous "Learning To Live" 1PM–2PM Mental Matters In Person & Zoom Meeting ID: 849 5041 0196 Passcode: AIR2026	10AM–4PM Open Gym 1PM–2PM SMART Recovery COMMUNITY SERVICE 9AM–1PM 🚫 Oct 16th Preparing and serving lunch. Elmira Community Kitchen, 160 High St., Elmira, NY 14901. 9AM–12PM 🚫 Oct. 23rd FoodBank Registration required. Contact La'Toya, 607–738–5609 Friday community service requires closed toed shoes, clothes you can get dirty. 🚫	<i>Saturday weekly outdoor events Check our FB page or attached event list for details, locations, and carpooling options.</i> <i>*All events on the schedule are at The Center unless an address or location is given under the event.</i>  THE CENTER A SAFE SPACE FOR ADULTS AND FAMILIES

THE CENTER IS LOCATED AT 456 E. CHURCH STREET, ELMIRA, NY 14901 | OPEN TUESDAY – THURSDAY 10–5, FRIDAY 10–4

AIR Contact: La'Toya Fisher | Ifisher@casa-trinity.org | (607) 738–5609

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October 2026 - Cattaraugus Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	CENTER OPEN 8:30AM-4PM 10AM-11PM Mental Health Support Group 11:30AM-12:30PM Drug Court Support Group Lower level of building in Pool Table Room	CENTER OPEN 10AM-7PM 12:30PM-2:30PM GED Class at the NEW LOCATION 201 South Union Street Olean, NY 14760 (Art Room) 2PM-3PM Arts and Crafts 3PM-4PM Board Games 530PM-630PM Fitness Class with Andrew	CENTER OPEN 10AM-7PM 10AM-11AM September 9th Workforce Readiness Class 2ND WEDNESDAY ONLY 12:30PM-2:30PM GED Class NEW LOCATION 201 South Union Street Olean, NY14760 2PM-3PM Refuge Recovery 3PM-4PM Open Forum Recovery Meeting	CENTER OPEN 10AM-7PM 12:30PM-2:30PM GED Class NEW LOCATION 201 South Union Street Olean, NY 14760 (Art Room) 2PM-3PM Creative Writing 3:30PM-4:30PM All Recovery Meeting 530PM-630PM Fitness Class with Andrew	CENTER OPEN 10AM-NOON 11AM-Noon Veterans All Recovery Meeting 1230-230pm Outdoor Adventures with Alyssa. New Location Each Week. Email Alyssa at asick@casa-trinity.org for location and carpool info	<i>Saturday weekly outdoor events Check our FB page or attached event list for details, locations, and carpooling options.</i> <i>*All events on the schedule are at The Center unless an address or location is given under the event.</i>  THE CENTER A SAFE SPACE FOR ADULTS AND FAMILIES 201 S. Union Street Olean, NY 14760

Manny Hanny Building, 101 North Union St. Suite 105, Olean. Entrance at rear of building, to the right of Armond's & Singer store. Press Intercom labeled "AIR CATT".

The Center has moved, and all other recovery-based activities are now at the CASA-Trinity Outpatient Building at 201 S. Union St., Olean, NY 14760.

For Saturday weekly outdoor events, check our FB page or attached event list for details, locations, and carpooling options. Email any questions to Mindy at mvail@casa-trinity.org



AIR Hybrid Calendar



**All events on the schedule are hybrid, (In person and zoom) and are hosted in various AIR Locations.*

If you don't live nearby the host site, please feel free to join us on zoom with the meeting ID and passwords that are displayed under each meeting.

The Center, 134 Main Street, Dansville, NY | The Center, 456 E. Church Street, Elmira, NY 14901 | The Center, 201 S. Union Street, Olean, NY 14760 | The Center, 54 Liberty Street, Bath, NY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5PM–6PM Creative Writing with Alyssa Meeting ID: 891 6632 4197 Passcode: 309304 6PM–8PM Fatherhood Connection Meeting ID: 860 8865 2846	12PM–1PM Book Club Email Jess at jshaffer@casa-trinity.org if interested. Meeting ID: 812 9975 9915 Passcode: 916829 5PM–6PM CCBHC Advisory Board 3rd Wednesday bi-monthly starting October 21st Meeting ID: 880 4364 6571 Passcode: 467586 6:45PM–7:45PM The Women's Circle AA Meeting Meeting ID: 846 4810 8717 Passcode: 12and12	10AM–11AM Queer Coffee Club Meeting ID: 851 8737 1522 Passcode: AIR2026 12PM–1:00PM Crystal Meth Anonymous Meeting ID: 875 2627 5787 Passcode: 090781 1PM–2PM Mental Matters Meeting ID: 849 5041 0196 Passcode: AIR2026 7PM–8PM AI–Anon Meeting Meeting ID: 891 6632 4197 Passcode: 309304	5:30PM–7PM Night Hike Recovery Meeting at Mossy Bank in person also or on zoom Meeting ID: 831 0057 3714 Passcode: 485938	

OLEAN ONSITE MEETINGS – IF IT IS YOUR FIRST GROUP AT THE MANNY HANNY BUILDING, ENTRANCE AT REAR OF BUILDING, TO THE RIGHT OF ARMOND'S & SINGER STORE. PRESS INTERCOM LABELED "AIR CATT" (ONLY INTERCOM ON BUILDING).

*Saturday weekly outdoor events. Check our FB page or attached event list for details, locations, and carpooling options.
Personal training throughout the week by appt. only. Email Sean at ssmith@casa-trinity.org to set up an in person or zoom session.*

October 2026 - Weekend Events

10/9-10/11 ADK CAMPOUT

Join us for a weekend campout at Draper's Acres Campground! We'll head up Friday, stay the weekend, hike a peak on Saturday, and return Sunday. Sign-up is required so we know who is attending and what gear you already have. Don't have everything you need? That's okay! Camping supplies can be provided. Please bring enough water and snacks to sustain you for the duration of the trip, and dress appropriately for the weather and activity.

10/17 TURNING POINT TRAIL BIKE RIDE

12PM – Join us for an afternoon bike ride along the Turning Point Trail and enjoy the fall scenery. Don't have a bike? Reach out to us and we'll help figure something out! Please bring enough water and snacks to sustain you for the duration of the trip, and dress appropriately for the weather and activity.

10/18 AIR SUNDAY FOOTBALL AT THE CENTER IN DANSVILLE

4:25PM Buffalo Bills vs. Las Vegas Raiders

Pizza and Soda Provided a dish to pass is appreciated but not required. Bring your friends and family out to cheer on The Buffalo Bills!!!!

(Transportation is not provided for this event)

10/24 KEUKA LAKE OUTLET TRAIL DRESDEN, NY

12PM – Explore the Keuka Lake Outlet Trail with us for a beautiful fall outing. We'll take in the scenery, get moving, and enjoy some time outdoors together. Please bring enough water and snacks to sustain you for the duration of the trip, and dress appropriately for the weather and activity.

10/30 HALLOWEEN NIGHT HIKE

6:30PM Join us for a Halloween night hike at Newtown Battlefield! Bring a flashlight, dress for the weather, and costumes are encouraged for a fun and spooky night on the trail. Please bring enough water and snacks to sustain you for the duration of the trip, and dress appropriately for the weather and activity.

If you are interested in carpooling options from our different AIR Centers we will need to know 48 hours prior to trip!

SIGN UP AT YOUR LOCAL CENTER OR SEND US AN EMAIL! ↷

134 Main Street, Dansville, NY | 456 E. Church Street, Elmira, NY 14901 | 201 S. Union Street, Olean, NY 14760 | 54 Liberty Street, Bath, NY

Cattaraugus: Email Mindy, mvail@casa-trinity.org | **Steuben:** Email Jess, jshaffer@casa-trinity.org

Livingston: Email Alyssa, asick@casa-trinity.org | **Chemung:** Email La'Toya Ifisher@casa-trinity.org

Stay up to date on all of these events and more by visiting our Facebook page! @AIRAdventuresInRecovery

