




# July 2026 - Livingston Co. Weekly Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p style="text-align: center;"><b>CLOSED</b></p> <hr/> <p>6:30PM–8PM Y12SR Ritz Mountain Yoga Studio, 24 Commercial St. Livonia, NY</p>	<p>12PM–5:30PM Open Gym</p> <hr/> <p>12:30PM–1:30PM Lights and Leashes with Leeann <b>JULY 7<sup>th</sup> and 21<sup>st</sup></b></p> <hr/> <p>1PM–3PM Y12SR with Pam Yoga and 12 Step Meeting Lavender Fields Yoga Studio Located at 6519 Dantz Rd, Groveland NY</p> <hr/> <p>5PM–6:30PM Creative Writing with Alyssa In person or on Zoom. Meeting ID: 891 6632 4197 Passcode: 309304</p> <hr/> <p>5:30PM–6:30PM Fitness Class</p>	<p>12PM–7PM Open Gym</p> <hr/> <p>10AM–11AM Workforce Readiness Class <b>1<sup>st</sup> Wednesday ONLY</b></p> <hr/> <p>1PM–3PM Recovery Walk/Run</p> <hr/> <p>5:30PM–6:30PM Mindful Yoga</p>	<p>12PM–5:30PM Open Gym</p> <hr/> <p>10:30AM–11:30PM Triple P Parenting Class</p> <hr/> <p>12:30PM–1:30PM Lights and Leashes with Leeann <b>JULY 2<sup>nd</sup>, 16<sup>th</sup>, and 30<sup>th</sup></b></p> <hr/> <p>3:30PM–5:30PM Community Cleanup Project <b>JULY 2<sup>nd</sup></b> Location TBD. If interested, please email <a href="mailto:asick@casa-trinity.org">asick@casa-trinity.org</a></p> <hr/> <p>5:30PM–6:30PM Art Class</p> <hr/> <p>5:30PM–6:30PM Beginner Fitness Class</p> <hr/> <p>7PM–8PM AI–Anon Meeting In person or on Zoom. Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>12PM–7PM Open Gym</p> <hr/> <p>12PM–1PM Mindful Meditation</p> <hr/> <p>1:30PM–2:30PM Book Club Email Alyssa, <a href="mailto:asick@casa-trinity.org">asick@casa-trinity.org</a> if interested</p> <hr/> <p>3PM–5PM Family Fun Game Night</p> <hr/> <p>4PM–5PM Crochet Club w/ Amy B.</p> <hr/> <p>5:30PM–7PM Night Hike Carpooling from Center available. Contact Alyssa at <a href="mailto:asick@casa-trinity.org">asick@casa-trinity.org</a> for trail location</p>	<p><i>Saturday weekly outdoor events Check our FB page or attached event list for details, locations, and carpooling options.</i></p> <hr/> <p><i>*All events on the schedule are at The Center unless an address or location is given under the event.</i></p> <div style="text-align: center;">  <p><b>THE CENTER</b> A SAFE SPACE FOR ADULTS AND FAMILIES 134 Main Street Dansville, NY 14437</p> </div>

AIR Livingston County is located at 134 Main St, Dansville, NY | Open Tuesday–Friday 12pm–7pm | AIR Contact: Alyssa Sick | [asick@casa-trinity.org](mailto:asick@casa-trinity.org)

Be sure to follow us on Facebook and Instagram to stay connected! @AIRAdventuresInRecovery



# July 2026 - Steuben Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>12PM–7PM Open Gym</p> <hr/> <p>2PM–3:30PM Community Clean-Up <b>July 20</b></p> <hr/> <p>3:30PM–4:30PM Community Walk</p> <hr/> <p>5:00PM–6:30PM Recovery Dharma In person or on Zoom. Meeting ID: 812 6093 3744 Passcode: 598501</p> <hr/> <p>7PM–8PM Men’s Recovery Meeting. In person or on Zoom. Meeting ID: 834 7049 2476 Passcode: AirSteuben</p>	<p>12PM–7PM Open Gym</p> <hr/> <p>12PM–1PM Book Club: Email Jess at jshaffer@casa-trinity.org if interested In person or on Zoom. SEE HYBRID CAL. FOR INFO!</p> <hr/> <p>2PM–3PM Beginners Yoga with Erik</p> <hr/> <p>5PM–6PM Couch To 5k Running Group</p> <hr/> <p>6PM–7PM Strength Training</p> <hr/> <p>6PM–7PM Hornell Book Club at New Hope Community Center</p>	<p>12PM–7PM Open Gym</p> <hr/> <p>12PM–1:00PM Crystal Meth Anonymous In person and on Zoom Meeting ID: 875 2627 5787 Passcode: 090781</p> <hr/> <p>2PM–3PM Guided Meditation with Daniel</p> <hr/> <p>4PM–5PM Bible Study In person or on zoom Meeting ID: 840 9687 3152 Passcode: 013939</p> <hr/> <p>5:30PM–6:30PM Arts and Crafts with Shannon</p>	<p>12PM–5PM Open Gym</p> <hr/> <p>10AM–11AM Workforce Readiness Class 7/17 <b>Every 3<sup>rd</sup> Friday only</b></p> <hr/> <p>2PM–3PM Beginners Yoga with Erik</p> <hr/> <p>3PM–4PM Strength Training</p> <hr/> <p>5:30PM–7PM Night Hike Carpooling from Center available. Sign up required. Contact Jessica, 585–519–3698 for trail location.</p>	<p><i>Saturday weekly outdoor events Check our FB page or attached event list for details, locations, and carpooling options.</i></p> <p><i>*All events on the schedule are at The Center unless an address or location is given under the event.</i></p> <div style="text-align: center;">  <p><b>THE CENTER</b> A SAFE SPACE FOR ADULTS AND FAMILIES 54 Liberty Street Bath, NY 14810</p> </div>


AIR Steuben County is located at 54 Liberty Street, Bath, NY 14810 | AIR Contact: Jessica Shaffer | jshaffer@casa-trinity.org

Be sure to follow us on Facebook and Instagram to stay connected! @AIRAdventuresInRecovery





# July 2026 - Cattaraugus Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>CENTER OPEN 11AM-4PM</b></p> <hr/> <p>11:30AM-12:30PM Drug Court Support Group Lower level of building in Pool Table Room</p> <hr/> <p>5:30PM-6:30PM Odds and Ends All Recovery Lower level of building in Pool Table Room</p>	<p><b>CENTER OPEN 8:30AM-4PM</b></p> <hr/> <p>12:30PM-2:30PM GED Class at the Manny Hanny Building, 101 North Union St., Ste 105, Olean, NY 14760</p> <hr/> <p>2PM-3PM Arts and Crafts</p> <hr/> <p>3PM-4PM Open Forum Recovery Meeting</p>	<p><b>CENTER OPEN 8:30AM-2PM 3:30PM-4PM</b></p> <hr/> <p>7AM-8AM Outdoor Fitness Class with Sean. Alternating locations each week Email Sean at <a href="mailto:ssmith@casa-trinity.org">ssmith@casa-trinity.org</a> for details</p> <hr/> <p>10AM-11AM June 10th Workforce Readiness Class <b>2<sup>ND</sup> WEDNESDAY ONLY</b></p> <hr/> <p>12:30PM-2:30PM GED Class at the Manny Hanny Building, 101 North Union St., Ste 105, Olean, NY 14760</p> <hr/> <p>2PM-3PM All-Recovery</p> <hr/> <p>3PM-4PM Board Games</p>	<p><b>CENTER OPEN 8:30AM-4:30PM</b></p> <hr/> <p>12:30PM-2:30PM GED Class at the Manny Hanny Building, 101 North Union St., Ste 105, Olean, NY 14760</p> <hr/> <p>2PM-3PM Creative Writing</p> <hr/> <p>3:30PM-4:30PM All Recovery Meeting</p> <hr/> <p>4:30PM-6:30PM AA Meeting and Outdoor Hike. <b>July 2nd and 16<sup>th</sup> Only</b> Location TBD Contact Jessica at <a href="mailto:jshaffer@casa-trinity.org">jshaffer@casa-trinity.org</a> for details</p>	<p><b>CENTER CLOSED</b></p> <hr/> <p>1230-230pm Outdoor Adventures with Alyssa. New Location Each Week. Email Alyssa at <a href="mailto:asick@casa-trinity.org">asick@casa-trinity.org</a> for location and carpool info <b>July 17<sup>th</sup> and 24<sup>th</sup> Only</b></p>	<p><i>Saturday weekly outdoor events Check our FB page or attached event list for details, locations, and carpooling options.</i></p> <p><i>*All events on the schedule are at The Center unless an address or location is given under the event.</i></p> <div style="text-align: center;">  <p><b>THE CENTER</b> A SAFE SPACE FOR ADULTS AND FAMILIES 201 S. Union Street Olean, NY 14760</p> </div>

Manny Hanny Building, 101 North Union St. Suite 105, Olean. Entrance at rear of building, to the right of Armond's & Singer store. Press Intercom labeled "AIR CATT".

**The Center has moved, and all other recovery-based activities are now at the CASA-Trinity Outpatient Building at 201 S. Union St., Olean, NY 14760.**

For Saturday weekly outdoor events, check our FB page or attached event list for details, locations, and carpooling options. Email any questions to Mindy at [mval@casa-trinity.org](mailto:mval@casa-trinity.org)



# AIR Hybrid Calendar



*\*All events on the schedule are hybrid, (In person and zoom) and are hosted in various AIR Locations.*

*If you don't live nearby the host site, please feel free to join us on zoom with the meeting ID and passwords that are displayed under each meeting.*

The Center, 134 Main Street, Dansville, NY | The Center, 456 E. Church Street, Elmira, NY 14901 | The Center, 201 S. Union Street, Olean, NY 14760 | The Center, 54 Liberty Street, Bath, NY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>5PM-6PM Creative Writing with Alyssa Meeting ID: 891 6632 4197 Passcode: 309304</p> <hr/> <p>5:00PM-6:30PM Recovery Dharma Meeting ID: 812 6093 3744 Passcode: 598501</p> <hr/> <p>7PM-8:00PM Men's Recovery Meeting Meeting ID: 834 7049 2476 Passcode: AirSteuben</p>	<p>12PM-1PM Book Club Email Jess at <a href="mailto:jshaffer@casa-trinity.org">jshaffer@casa-trinity.org</a> if interested. Meeting ID: 871 1346 1498 Passcode: AirSteuben</p> <hr/> <p>12:30PM-1:30PM All Recovery Meeting Meeting ID: 891 6632 4197 Passcode: 309304</p> <hr/> <p>6:45PM-7:45PM The Women's Circle AA Meeting ID: 833 6717 2767 Passcode: 450764</p>	<p>12PM-1:00PM Crystal Meth Anonymous Meeting ID: 875 2627 5787 Passcode: 090781</p> <hr/> <p>7PM-8PM AI-Anon Meeting Meeting ID: 891 6632 4197 Passcode: 309304</p>		

**\*\*\*OLEAN ONSITE MEETINGS – IF IT IS YOUR FIRST GROUP AT THE MANNY HANNY BUILDING, ENTRANCE AT REAR OF BUILDING, TO THE RIGHT OF ARMOND'S & SINGER STORE. PRESS INTERCOM LABELED "AIR CATT" (ONLY INTERCOM ON BUILDING).\*\*\***

*Saturday weekly outdoor events. Check our FB page or attached event list for details, locations, and carpooling options.  
Personal training throughout the week by appt. only. Email Sean at [ssmith@casa-trinity.org](mailto:ssmith@casa-trinity.org) to set up an in person or zoom session.*

# July 2026 - Weekend Events

## 7/11 KESHEQUA CREEK HIKE

12PM Join us for a hike along the scenic trails of Keshequa Creek. This hike will last approximately 2–3 hours and is a great opportunity to get outdoors, connect with others, and enjoy nature. Please bring enough water and snacks for the duration of the hike and dress appropriately for weather and trail conditions.

## 7/18 KAYAKING AT KANAKADEA PARK

12PM Spend the afternoon on the water with AIR at Kanakadea Park. Life vests will be provided and are required for participation. Please bring enough water and snacks to sustain you for the trip, dress appropriately for the weather, and consider bringing a change of clothes.

## 7/25 GREEN LAKES STATE PARK HIKE AND SWIM

12PM Join us as we explore the beautiful trails at Green Lakes State Park followed by an opportunity to swim. The hike will last approximately 2–3 hours before we cool off at the beach. Please bring enough water and snacks for the day, dress appropriately for the weather, and bring a swimsuit, towel, and change of clothes if you plan to swim.

***If you are interested in carpooling options from our different AIR Centers we will need to know 48 hours prior to trip!***

**SIGN UP AT YOUR LOCAL CENTER OR SEND US AN EMAIL!** ↷

134 Main Street, Dansville, NY | 456 E. Church Street, Elmira, NY 14901 | 201 S. Union Street, Olean, NY 14760 | 54 Liberty Street, Bath, NY

**Cattaraugus:** Email Mindy, mvail@casa-trinity.org | **Steuben:** Email Jess, jshaffer@casa-trinity.org

**Livingston:** Email Alyssa, asick@casa-trinity.org | **Chemung:** Email Emily, esindoni@casa-trinity.org

Stay up to date on all of these events and more by visiting our Facebook page! @AIRAdventuresInRecovery

