



Triple P

Positive Parenting Program

Because becoming a parent doesn't come with an instruction manual...

Triple P is a proven parenting program that gives families simple, practical tools to build stronger relationships and support children's healthy development.

Triple P Seminar & Discussion Group Series

90-minute workshops (virtual, offered monthly)

Attend one, two, or all the sessions

Letter of completion provided for each seminar

Held on select Tuesdays and Thursdays at 1 PM.

Topics include:

- The Power of Positive Parenting
 - Raising Confident, Competent Children
 - Raising Resilient Children
 - Dealing with disobedience
 - Managing fighting and aggression
- And so much more....

In-person sessions available for community groups upon request.

Small Changes, Big Differences

Parenting is rewarding, but it can be tricky at times. From picky eaters to messy rooms to kids who won't listen, our trained facilitators share practical tips to make life easier.

Smart Strategies, Real Support

These 90 minute sessions provide helpful tip sheets and proven parenting tools.

For inquiries or to request a zoom link and schedule for virtual seminars, please contact:

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Hope begins here.

CASA  **TRINITY**
COUNCIL ON ALCOHOL AND SUBSTANCE ABUSE

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