







July 2025 - Livingston Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 <p>12PM – 1PM Veterans All Recovery Meeting ZOOM ONLY Meeting ID: 894 3797 8799 Passcode: 415305</p>	<p>12PM–530PM Open Gym</p> <hr/> <p>1PM–3PM Y12SR with Pam Yoga and 12 Step Meeting Lavender Fields Yoga Studio Located at 6519 Dantz Rd, Groveland NY</p> <hr/> <p>5PM–6:30PM Creative Writing with Alyssa In person or on Zoom. Meeting ID: 891 6632 4197 Passcode: 309304</p> <hr/> <p>5:30PM–6:30PM Fitness Class with Adam</p>	<p>12PM–7PM Open Gym</p> <hr/> <p>4PM–5PM Guided Art with Maria</p> <hr/> <p>5pm–630pm June 4th and 18th Yin Yoga with Linda In person or on Zoom. Meeting ID: 821 3372 8509 Passcode: 880564</p> <hr/> <p>5:30PM–6:30PM June 11th and 25th Mindful Yoga. In person or on Zoom. Meeting ID: 821 3372 8509 Passcode: 880564</p>	<p>12PM–530PM Open Gym</p> <hr/> <p>3PM–5PM Community Cleanup Service Projects. 1st Thursday of each month only. Location TBD. If interested, please email asick@casa- trinity.org</p> <hr/> <p>5PM–530PM Couch to 5k Run/Walk Group</p> <hr/> <p>530PM–630PM Beginner Fitness Class with Adam</p> <hr/> <p>7PM–8PM AI–Anon Meeting In person or on Zoom. Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>12PM–7PM Open Gym</p> <hr/> <p>12PM–1PM Mindful Meditation</p> <hr/> <p>1:30PM–2:30PM All Recovery Meeting In person or zoom Meeting ID: 891 6632 4197 Passcode: 309304</p> <hr/> <p>3PM–4PM Book Club (The 4 Agreements) Email Alyssa at asick@casa-trinity.org if interested.</p> <hr/> <p>4PM–6PM Family Friendly Game Night</p> <hr/> <p>6PM–8:30PM Night Hike Burt Hill State Forest Hornell, NY Carpooling option available. Text Jess 585–519–3698 Parking at the corner of Spencer Hill Rd. & South Woods Rd.</p>	<p><i>Saturday weekly outdoor events Check our FB page or attached event list for details, locations, and carpooling options.</i></p> <hr/> <p><i>Personal training throughout the week by appt. only.</i></p> <hr/> <p><i>Email Adam at abeh@casa-trinity.org to set up an in person or zoom session.</i></p> <hr/> <p><i>*All events on the schedule are at The Center unless an address or location is given under the event.</i></p> <div data-bbox="1806 1347 2047 1575">  <p>THE CENTER A SAFE SPACE FOR ADULTS AND FAMILIES 134 Main Street Dansville, NY 14437</p> </div>

July 2025- Steuben Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>12PM–7PM Open Gym</p> <hr/> <p>2:30PM–3:30PM Journaling with Jess</p> <hr/> <p>3PM–5PM Community Cleanup <i>*Last Tuesday of the month only.</i></p> <hr/> <p>5PM–6PM Couch To 5K</p> <hr/> <p>5:30PM–6:30PM Recovery Dharma In person or on Zoom. Meeting ID: 886 9381 7107 Passcode: AirSteuben</p> <hr/> <p>7PM–8:30PM Men's Recovery Meeting. In person or on Zoom. Meeting ID: 834 7049 2476 Passcode: AirSteuben</p>	<p>12PM–7PM Open Gym</p> <hr/> <p>12PM–1PM Book Club: The Shack by Wm. Paul Young Email Jess at jshaffer@casa-trinity.org if interested In person or on Zoom. Meeting ID: 871 1346 1498 Passcode: AirSteuben</p> <hr/> <p>5:30PM–6:30PM Guided Meditation</p> <hr/> <p>6:45PM–7:45PM The Women's Circle AA Women's Meeting In person or zoom Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>12PM–7PM Open Gym</p> <hr/> <p>12PM–1:30PM Crystal Meth Anonymous In person and on Zoom Meeting ID: 875 2627 5787 Passcode: 090781</p> <hr/> <p>2PM–3PM Storytellers</p> <hr/> <p>5PM–6PM Art with Brandi</p>	<p>12PM–5PM Open Gym</p> <hr/> <p>2PM–3PM Open Art <i>Supplies provided</i></p> <hr/> <p>6PM–8:30PM Night Hike Burt Hill State Forest Hornell, NY Carpooling option available. Text Jess 585–519–3698 Parking at the corner of Spencer Hill Rd. & South Woods Rd.</p>	<p>Saturday weekly outdoor events Check our FB page or attached event list for details, locations, and carpooling options.</p> <p><i>*All events on the schedule are at The Center unless an address or location is given under the event.</i></p> <div>  <p>THE CENTER A SAFE SPACE FOR ADULTS AND FAMILIES 54 Liberty Street Bath, NY 14810</p> </div>



July 2025 - Cattaraugus Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Center Closed</p> <hr/> <p>11:30AM–12:30PM Drug Court Support. Group Message Alex at ltwitty@case-trinity.org for location</p> <hr/> <p>5:30PM–6:30PM Odds and Ends All Recovery Lower level of building in Pool Table Room</p>	<p>Center Open 8:30AM–5:30PM</p> <hr/> <p>12:30PM–2:30PM GED Class at the Manny Hanny Building, 101 North Union St., Ste 105, Olean, NY 14760</p> <hr/> <p>12PM–1PM Open Art Studio with Daniel</p> <hr/> <p>3PM–4PM Open Forum Recovery Meeting</p> <hr/> <p>4PM–5PM Board Games at The Center</p>	<p>Center Open 8:30AM–2PM 3:30PM–6:30PM</p> <hr/> <p>12:30PM–2:30PM GED Class at the Manny Hanny Building, 101 North Union St., Ste 105, Olean, NY 14760</p> <hr/> <p>2PM–3PM Outdoor Activity message Alex for details ltwitty@casa-trinity.org</p> <hr/> <p>3PM–4PM Resume and Job Readiness Workshop</p> <hr/> <p>5:30PM–6:30PM Mental Health Support Group</p>	<p>Center Open 8:30AM–5:30PM</p> <hr/> <p>12:30PM–2:30PM GED Class at the Manny Hanny Building, 101 North Union St., Ste 105, Olean, NY 14760</p> <hr/> <p>4:30PM–5:30PM All Recovery Meeting</p> <hr/> <p>6PM–7PM Outdoor Fitness Class with Alex Franscot Park Playground</p>	<p>Center Open 8:30AM–11AM</p> <hr/> <p>11AM–2PM Outdoor Activities Franscot Park Playground</p> <hr/> <p>2PM–3PM Outdoor Fitness Class with Alex Franscot Park Playground</p>	<p><i>Saturday weekly outdoor events Check our FB page or attached event list for details, locations, and carpooling options.</i></p> <p><i>*All events on the schedule are at The Center unless an address or location is given under the event.</i></p> <div> </div>

Manny Hanny Building, 101 North Union St. Suite 105, Olean. Entrance at rear of building, to the right of Armond's & Singer store. Press Intercom labeled "AIR CATT".

The Center has moved, and all other recovery-based activities are now at the CASA-Trinity Outpatient Building at 201 S. Union St., Olean, NY 14760.

For Saturday weekly outdoor events, check our FB page or attached event list for details, locations, and carpooling options. Email any questions to Alex at ltwitty@casa-trinity.org



AIR Hybrid Calendar



**All events on the schedule are hybrid, (In person and zoom) and are hosted in various AIR Locations.*

If you don't live nearby the host site, please feel free to join us on zoom with the meeting ID and passwords that are displayed under each meeting.

The Center, 134 Main Street, Dansville, NY | The Center, 456 E. Church Street, Elmira, NY 14901 | The Center, 201 S. Union Street, Olean, NY 14760 | The Center, 54 Liberty Street, Bath, NY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>12PM–1PM Veterans All Recovery Meeting Meeting ID: 894 3797 8799 Passcode: 415305</p> <hr/> <p>12:30PM–1:30PM Women's All–Recovery Meeting In person and on Zoom Meeting ID: 859 6053 7900 Passcode: 553601</p>	<p>5PM–6PM Creative Writing with Alyssa Meeting ID: 891 6632 4197 Passcode: 309304</p> <hr/> <p>5:30PM–6:30PM Recovery Dharma Meeting ID: 886 9381 7107 Passcode: AirSteuben</p> <hr/> <p>7PM–8:30PM Men's Recovery Meeting Meeting ID: 834 7049 2476 Passcode: AirSteuben</p>	<p>12PM–1PM Book Club: The Shack by Wm. Paul Young Email Jess at jshaffer@casa-trinity.org if interested. Meeting ID: 871 1346 1498 Passcode: AirSteuben</p> <hr/> <p>5:30PM–6:30PM Mindful Yoga Meeting ID: 821 3372 8509 Passcode: 880564</p> <hr/> <p>6:45PM–7:45PM The Women's Circle AA Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>12:30PM–1:30PM Queer Coffee Club Meeting ID: 575 682 0610 Passcode: airchemung</p> <hr/> <p>12PM–1:30PM Crystal Meth Anonymous Meeting ID: 875 2627 5787 Passcode: 090781</p> <hr/> <p>6PM–7:30PM Life Recovery Meeting Meeting ID: 976 8508 0394 Passcode: Acts26:14</p> <hr/> <p>7PM–8PM AI–Anon Meeting Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>1:30PM–2:30PM All Recovery Meeting. Meeting ID: 891 6632 4197 Passcode: 309304</p>	

***OLEAN ONSITE MEETINGS – IF IT IS YOUR FIRST GROUP AT THE MANNY HANNY BUILDING, CALL ALEX AT 607–490–2676 FOR DIRECTIONS IF NEEDED! ENTRANCE AT REAR OF BUILDING, TO THE RIGHT OF ARMOND'S & SINGER STORE. PRESS INTERCOM LABELED "AIR CATT" (ONLY INTERCOM ON BUILDING). ***

Saturday weekly outdoor events. Check our FB page or attached event list for details, locations, and carpooling options.

Personal training throughout the week by appt. only. Email Sean at ssmith@casa-trinity.org to set up an in person or zoom session.



July 2025- Weekend Events



Stay up to date on all of these events and more by visiting our Facebook page! @AIRAdventuresInRecovery
134 Main Street, Dansville, NY | 456 E. Church Street, Elmira, NY 14901 | 201 S. Union Street, Olean, NY 14760 | 54 Liberty Street, Bath, NY

7/5 4TH OF JULY CELEBRATION - KEUKA LAKE STATE PARK

12pm Keuka Lake State Park. Parking in the large lot to the right after pulling in the entrance. We will be hosting a BBQ at the park and will also have all of our kayaks and paddleboards with us, so we all can get out on the water. There is also a volleyball court where we will play a game if people are interested. If you are interested in carpooling options from our different AIR Centers we will need to know by 7/2. Email Sean at ssmith@casa-trinity.org if you are interested in carpooling from The Center in Dansville. Email Jess at jshaffer@casa-trinity.org if you are interested in carpooling from The Center in Bath. Email Emily esindoni@casa-trinity.org or call/text her at (607) 738-4966 if you are interested in carpooling from Elmira. Email Alex at ltwitty@casa-trinity.org if you are interested in carpooling from Olean.

7/12 STONY BROOK HIKE

12pm Stony Brook State Park, Dansville NY Lower Entrance. Parking in the big lot by the playground and swimming area. We will be hiking over varied and hilly terrain for 2-3 hours, so please wear appropriate footwear and dress for the weather and bring enough water and snacks to sustain you for the duration of the trip. If you are interested in carpooling options from our different AIR Centers we will need to know by 7/10. Email Sean at ssmith@casa-trinity.org if you are interested in carpooling from The Center in Dansville. Email Jess at jshaffer@casa-trinity.org if you are interested in carpooling from The Center in Bath. Email Emily esindoni@casa-trinity.org or call/text her at (607) 738-4966 if you are interested in carpooling from Elmira. Email Alex at ltwitty@casa-trinity.org if you are interested in carpooling from Olean.

7/19 GREEN LAKES STATE PARK

12pm Green Lakes State Park, Fayetteville NY. We will be hiking over varied terrain for 2-3 hours and also have the opportunity to hang at the beach and swim, so bring your suits! Please dress for the weather and bring enough water and snacks to sustain you for the duration of the trip. If you are interested in carpooling options from our different centers, we will need to know by 7/17. Email Sean at ssmith@casa-trinity.org if you are interested in carpooling from The Center in Dansville. Email Jess at jshaffer@casa-trinity.org if you are interested in carpooling from The Center in Bath. Email Emily esindoni@casa-trinity.org or call/text her at (607) 738-4966 if you are interested in carpooling from Elmira. Email Alex at ltwitty@casa-trinity.org if you are interested in carpooling from Olean.

7/25 TOSSING & TESTIMONIES

1pm **FRIDAY**, Long Point Park, Geneseo NY. Tossing & Testimonies is a cornhole event facilitated by Lock City Cornhole and Doug Bisher from Addict2Addict Niagra. Expect to participate in cornhole tournaments and hear personal recovery stories. If you are interested in carpooling options from our different AIR Centers we will need to know by 7/23. Email Sean at ssmith@casa-trinity.org if you are interested in carpooling from The Center in Dansville. Email Jess at jshaffer@casa-trinity.org if you are interested in carpooling from The Center in Bath. Email Alex at ltwitty@casa-trinity.org if you are interested in carpooling from Olean. Email Emily esindoni@casa-trinity.org or call/text her at (607) 738-4966 if you are interested in carpooling from Elmira.

