

LIST OF SUPPORTS AND SERVICES -CHEMUNG-

OVERDOSE SURVIVOR SUPPORT GROUPS:

SADOD– Support After a Death by Overdose

www.Sadod.org

Grief Handbook– Follow the QR to a free PDF



Partnership to End Addiction

www.Drugfree.org/supportmeetings

Herren Project

www.herrenproject.org

LOCAL SUPPORT GROUPS:

MC^2– Support Group for individuals who have experienced the loss of a loved one from an overdose.

Meets at the Steele Memorial Library every other Monday from 6:15–7:45 PM. The next scheduled meeting is March 10th.

Smile Through the Storm– Suicide Survivors Support Group

Meets virtually and in person twice a month.

–1st Wednesday at 5:30 PM

–3rd Saturday at 3:00 PM

www.smilethroughthestorms.com

OTHER SERVICES:

Adventures in Recovery (AIR)– Recovery Community Organization
Providing a safe, fun, and welcoming space for individuals to connect. Please visit the AIR page on our website for a list of all locations and upcoming hikes/events.

Hope begins here.

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LIST OF SUPPORTS AND SERVICES -TIOGA-

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Herren Project

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LOCAL SUPPORT GROUPS:

GriefShare– Grief & Loss Support Group

- GriefShare runs a 13 week program that provides guidance, discussion, and resources to help you navigate the grief process.
- *Groups meet Mondays at 10:00 AM & 6:30 PM at the Lakeview Chapel, located at 185 Day Hollow Road, Owego, NY 13827.*
- *(REGISTRATION IS REQUIRED)*

For More information or to register, please visit:

<https://www.griefshare.org/groups/257322>

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LIST OF SUPPORTS AND SERVICES -LIVINGSTON-

OVERDOSE SURVIVOR SUPPORT GROUPS:

SADOD– Support After a Death by Overdose

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Grief Handbook– Follow the QR to a free PDF



Partnership to End Addiction

www.Drugfree.org/supportmeetings

Herren Project

www.herrenproject.org

LOCAL SUPPORT GROUPS:

Journeys– a grief and bereavement support program.

- Second Monday of each month, from 6:00–7:30 PM.
 - St. Timothy's Lutheran Church, 5015 Lakeville Road, Geneseo, NY.
- Fourth Thursday of each month, from 1:30–3:00 PM.
 - St. Timothy's Lutheran Church, 5015 Lakeville Road, Geneseo, NY.

Registration is not required. These meetings are free for anyone to attend.

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LIST OF SUPPORTS AND SERVICES -CATTARAUGUS-

OVERDOSE SURVIVOR SUPPORT GROUPS:

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Grief Handbook– Follow the QR to a free PDF



Partnership to End Addiction

www.Drugfree.org/supportmeetings

Herren Project

www.herrenproject.org

LOCAL SUPPORT GROUPS:

GriefShare– Grief & Loss Support Group

- GriefShare runs a 13 week program that provides guidance, discussion, and resources to help you navigate the grief process.
- *Groups begin April 23rd and occur every Wednesday until July 16th.*
- *Wednesdays 6:30–8:30 PM at The Basilica of St. Mary of the Angels, located at 205 W Henley St., Olean, NY 14760.*
- *(REGISTRATION IS REQUIRED)*
- *To register: contact Carol Autieri at carolautieri1@msn.com or call 716–372–4841 Ext. 115*

OTHER SERVICES:

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