

# LIST OF SUPPORTS AND SERVICES -CHEMUNG-

## OVERDOSE SURVIVOR SUPPORT GROUPS:

**SADOD- Support After a Death by Overdose**

[www.Sadod.org](http://www.Sadod.org)

**Grief Handbook**- Follow the QR to a free PDF 



**Partnership to End Addiction**

[www.Drugfree.org/supportmeetings](http://www.Drugfree.org/supportmeetings)

**Herren Project**

[www.herrenproject.org](http://www.herrenproject.org)

## LOCAL SUPPORT GROUPS:

**MC^2**- Support Group for individuals who have experienced the loss of a loved one from an overdose.

*Meets at the Steele Memorial Library every other Monday from 6:15-7:45 PM. The next scheduled meeting is March 10th.*

**Smile Through the Storm**- Suicide Survivors Support Group

*Meets virtually and in person twice a month.*

*-1st Wednesday at 5:30 PM*

*-3rd Saturday at 3:00 PM*

[www.smilethroughthestorms.com](http://www.smilethroughthestorms.com)

## OTHER SERVICES:

**Adventures in Recovery (AIR)**- Recovery Community Organization Providing a safe, fun, and welcoming space for individuals to connect. Please visit the AIR page on our website for a list of all locations and upcoming hikes/events.

*Hope begins here.*

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# LIST OF SUPPORTS AND SERVICES -TIOGA-

## OVERDOSE SURVIVOR SUPPORT GROUPS:

### SADOD- Support After a Death by Overdose

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### Herren Project

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## LOCAL SUPPORT GROUPS:

### GriefShare- Grief & Loss Support Group

- GriefShare runs a 13 week program that provides guidance, discussion, and resources to help you navigate the grief process.
- *Groups meet Mondays at 10:00 AM & 6:30 PM at the Lakeview Chapel, located at 185 Day Hollow Road, Owego, NY 13827.*
- *(REGISTRATION IS REQUIRED)*

*For More information or to register, please visit:*

*<https://www.griefshare.org/groups/257322>*

## OTHER SERVICES:

### Adventures in Recovery (AIR)- Recovery Community Organization

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# LIST OF SUPPORTS AND SERVICES -LIVINGSTON-

## OVERDOSE SURVIVOR SUPPORT GROUPS:

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### Partnership to End Addiction

[www.Drugfree.org/supportmeetings](http://www.Drugfree.org/supportmeetings)

### Herren Project

[www.herrenproject.org](http://www.herrenproject.org)

## LOCAL SUPPORT GROUPS:

**Journeys**- a grief and bereavement support program.

- Second Monday of each month, from 6:00-7:30 PM.
  - St. Timothy's Lutheran Church, 5015 Lakeville Road, Geneseo, NY.
- Fourth Thursday of each month, from 1:30-3:00 PM.
  - St. Timothy's Lutheran Church, 5015 Lakeville Road, Geneseo, NY.

***Registration is not required. These meetings are free for anyone to attend.***

## OTHER SERVICES:

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# LIST OF SUPPORTS AND SERVICES -CATTARAUGUS-

## OVERDOSE SURVIVOR SUPPORT GROUPS:

### SADOD- Support After a Death by Overdose

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### Partnership to End Addiction

[www.Drugfree.org/supportmeetings](http://www.Drugfree.org/supportmeetings)

### Herren Project

[www.herrenproject.org](http://www.herrenproject.org)

## LOCAL SUPPORT GROUPS:

### GriefShare- Grief & Loss Support Group

- GriefShare runs a 13 week program that provides guidance, discussion, and resources to help you navigate the grief process.
- *Groups begin April 23rd and occur every Wednesday until July 16th.*
- *Wednesdays 6:30-8:30 PM at The Basilica of St. Mary of the Angels, located at 205 W Henley St., Olean, NY 14760.*
- *(REGISTRATION IS REQUIRED)*
- *To register: contact Carol Autieri at [carolautieri1@msn.com](mailto:carolautieri1@msn.com) or call 716-372-4841 Ext. 115*

## OTHER SERVICES:

### Adventures in Recovery (AIR)- Recovery Community Organization

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