



March 2025 - Livingston Co. Weekly Calendar


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>12PM-7PM Open Gym</p> <hr/> <p>12PM - 1PM Veterans All Recovery Meeting. In person or on Zoom. Meeting ID: 894 3797 8799 Passcode: 415305</p> <hr/> <p>4PM-5PM Women's Beginner Workout</p> <hr/> <p>5:30PM-6:30PM Motivational Mindset Monday</p> <hr/> <p>6:15PM-8PM Y12SR (Yoga for 12 Step Recovery) with Monica at 24 Commercial Street, Livonia, NY</p>	<p>12PM-6PM Open Gym</p> <hr/> <p>1PM-3PM Y12SR with Pam Yoga and 12 Step Meeting Lavender Fields Yoga Studio Located at 6519 Dantz Rd, Groveland NY</p> <hr/> <p>5PM-6PM Creative Writing with Alyssa. In person or on Zoom. Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>12PM-7PM Open Gym</p> <hr/> <p>4PM-5PM Guided Art with Maria</p> <hr/> <p>5:30PM-6:30PM Mindful Yoga. In person or on Zoom. Meeting ID: 821 3372 8509 Passcode: 880564</p> <hr/> <p>6:45PM-7:45PM Women's AA Meeting. In person or on Zoom. Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>12PM-6PM Open Gym</p> <hr/> <p>3PM-5PM Community Cleanup Service Projects. 1st Thursday of each month only. Location TBD. If interested, please email asick@casa-trinity.org</p> <hr/> <p>5PM-530PM Couch to 5k Run/Walk Group</p> <hr/> <p>530PM-630PM Beginner Fitness Class w/ Adam</p> <hr/> <p>7PM-8PM AI-Anon Meeting In person or on Zoom. Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>12PM-7PM Open Gym</p> <hr/> <p>12PM-1PM Mindful Meditation</p> <hr/> <p>1:30PM-2:30PM All Recovery Meeting In person or zoom Meeting ID: 891 6632 4197 Passcode: 309304</p> <hr/> <p>3PM-4PM Book Club (The 4 Agreements) Email Alyssa at asick@casa-trinity.org if interested.</p> <hr/> <p>4PM-6PM Family Friendly Game Night</p> <hr/> <p>6PM-7PM Alcoholics Anonymous *In Bath* Carpool from Center at 5:15pm Contact Alyssa 607-795-6983</p>	<p><i>Saturday weekly outdoor events Check our FB page or attached event list for details, locations, and carpooling options.</i></p> <hr/> <p><i>Personal training throughout the week by appt. only.</i></p> <hr/> <p><i>Email Sean at ssmith@casa-trinity.org to set up an in person or zoom session.</i></p> <hr/> <p><i>*All events on the schedule are at The Center unless an address or location is given under the event.</i></p>



THE CENTER
A SAFE SPACE FOR ADULTS AND FAMILIES
134 Main Street
Dansville, NY 14437







March 2025- Steuben Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>10AM–7PM Open Gym</p> <hr/> <p>2PM–3PM Guided Meditation</p> <hr/> <p>5PM–6PM Authors Anonymous Writing Group</p> <hr/> <p>7PM–8:30PM Men’s Recovery Meeting. In person or on Zoom. Meeting ID: 834 7049 2476 Passcode: AirSteuben</p>	<p>10AM–5PM Open Gym</p> <hr/> <p>2PM–3PM Open Art</p> <hr/> <p>3PM–5PM March 25th Community Cleanup *Reoccures last Tuesday of the month</p> <hr/> <p>5PM–6PM Beginner Bootcamp</p>	<p>10AM–5PM Open Gym</p> <hr/> <p>12PM–1PM Book Club: Into The Wild by Jon Krakauer Email Jess at jshaffer@casa-trinity.org if interested. In person or on Zoom. Meeting ID: 871 1346 1498 Passcode: AirSteuben</p> <hr/> <p>5:30PM–6:30PM Women’s Fitness Class</p> <hr/> <p>6:45PM–7:45PM The Women’s Circle AA Women’s Meeting In person or zoom Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>10AM–7PM Open Gym</p> <hr/> <p>2PM–3PM Storytellers</p> <hr/> <p>5PM–6PM Art with Brandi</p>	<p>10AM–7PM Open Gym</p> <hr/> <p>11AM–12pm Grief Support Group In person or on Zoom. Meeting ID: 869 4707 2536 Passcode: AirSteuben</p> <hr/> <p>6PM–7PM Alcoholics Anonymous Meeting In person or on Zoom. Meeting ID: 860 0882 5405 Passcode: 752179</p>	<p>6PM–7PM Recovery Dharma In person or on Zoom. Meeting ID: 886 9381 7107 Passcode: AirSteuben</p> <p><i>*All events on the schedule are at The Center unless an address or location is given under the event.</i></p>  <p>THE CENTER A SAFE SPACE FOR ADULTS AND FAMILIES 54 Liberty Street Bath, NY 14810</p>

AIR Steuben County is located at 54 Liberty Street, Bath, NY 14810 | AIR Contact: Jessica Shaffer | jshaffer@casa-trinity.org
 Be sure to follow us on Facebook and Instagram to stay connected! @AIRAdventuresInRecovery



March 2025 - Chemung Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>10AM-7PM Open Gym</p> <hr/> <p>2PM-3PM Get Hooked on Crochet <i>Beginner supplies provided</i></p> <hr/> <p>6PM-7PM Crystal Meth Anonymous</p>	<p>10AM-7PM Open Gym</p> <hr/> <p>10:30AM-12PM Narcotics Anonymous</p> <hr/> <p>1PM-2PM 180° Meeting (Drug Court Participants Only)</p> <hr/> <p>4PM-5PM Women Supporting Women In person and on Zoom Meeting ID: 859 6053 7900 Passcode: 553601</p> <hr/> <p>5:00-7:00pm Game Night</p>	<p>10AM-5PM Open Gym</p> <hr/> <p>10AM-11AM Guided Art <i>Supplies provided</i></p> <hr/> <p>12PM-1PM Beginner Yoga</p> <hr/> <p>5PM-6PM YOUTH Workout Wednesday</p> <hr/> <p>6PM-7PM Lit Lounge Book Club</p> <hr/> <p>7PM-8PM Candlelit Harm Reduction Works (Open Meeting)</p> <p>Application assistance for housing and employment. Monday - Thursday from 10am-7pm</p>	<p>10AM-4PM Open Gym</p> <hr/> <p>10AM-11AM Queer Coffee Club In person and on Zoom. Meeting ID: 575 682 0610 Passcode: airchemung</p> <hr/> <p>12PM-1PM The Men's Group</p> <hr/> <p>5:30PM-7PM Life Recovery Meeting In person and Zoom Meeting ID: 844 0188 5608 Passcode: Recovery</p>	<p>COMMUNITY SERVICE ONLY <i>Not open for drop-ins</i></p> <hr/> <p>9AM-11AM  Mar. 14th. Community Clean-Up Meet at Center</p> <hr/> <p>9AM-1PM  Mar. 21st. Preparing and serving lunch. Elmira Community Kitchen, 160 High St., Elmira, NY 14901.</p> <hr/> <p>9AM-1PM  Mar. 28th. Food Bank Registration required. Contact La'Toya 607-738-4966</p> <p>Friday community service requires closed toed shoes, clothes you can get dirty. </p>	<p><i>Saturday weekly outdoor events</i> Check our FB page or attached event list for details, locations, and carpooling options.</p> <p><i>*All events on the schedule are at The Center unless an address or location is given under the event.</i></p> <div data-bbox="1837 1221 2047 1442" data-label="Image"> </div>

AIR Chemung County is located at 456 E. Church Street, Elmira, NY 14901 | **NEW HOURS: Open Monday - Thursday from 10am-7pm.**

AIR Contact: Emily Sindoni | esindoni@casa-trinity.org | (607) 738-4966. | *If you are not able to join us in person, please feel free to join us for the virtual events listed above.*



March 2025 - Cattaraugus Co. Weekly Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>11:30AM–12:30PM Drug Court Support. In person at The Center.</p> <hr/> <p>5:30PM–6:30PM Odds and Ends All Recovery</p>	<p>12:30PM–2:30PM GED Class at the Manny Hanny Building, 101 North Union St., Ste 105, Olean, NY 14760</p> <hr/> <p>3PM–4PM Open Forum Recovery Meeting</p>	<p>12:30PM–2:30PM GED Class at the Manny Hanny Building, 101 North Union St., Ste 105, Olean, NY 14760</p> <hr/> <p>5:30PM–6:30PM Mental Health Support Group</p>	<p>12:30PM–2:30PM GED Class at the Manny Hanny Building, 101 North Union St., Ste 105, Olean, NY 14760</p> <hr/> <p>4:30PM–5:30PM All Recovery Meeting</p>		<p><i>*All events on the schedule are at The Center unless an address or location is given under the event.</i></p> <p>THE CENTER A SAFE SPACE FOR ADULTS AND FAMILIES 201 S. Union Street Olean, NY 14760</p>

Manny Hanny Building, 101 North Union St. Suite 105, Olean. Entrance at rear of building, to the right of Armond's & Singer store. Press Intercom labeled "AIR CATT".
The Center has moved, and all other recovery-based activities are now at the CASA-Trinity Outpatient Building at 201 N. Union St., Olean, NY 14760.

For Saturday weekly outdoor events, check our FB page or attached event list for details, locations, and carpooling options.



AIR Hybrid Calendar



**All events on the schedule are hybrid, (In person and zoom) and are hosted in various AIR Locations.*

If you don't live nearby the host site, please feel free to join us on zoom with the meeting ID and passwords that are displayed under each meeting.

The Center, 134 Main Street, Dansville, NY | The Center, 456 E. Church Street, Elmira, NY 14901 | The Center, 201 S. Union Street, Olean, NY 14760 | The Center, 54 Liberty Street, Bath, NY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>12PM–1PM Veterans All Recovery Meeting Meeting ID: 894 3797 8799 Passcode: 415305</p> <hr/> <p>7PM–8:30PM Men’s Recovery Meeting. In person or on Zoom. Meeting ID: 834 7049 2476 Passcode: AirSteuben</p>	<p>4PM–5PM Womens All Recovery Meeting ID: 859 6053 7900 Passcode: 553601</p> <hr/> <p>5PM–6PM Creative Writing with Alyssa Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>12PM–1PM Book Club: <i>Into The Wild</i> by Jon Krakauer Email Jess at jshaffer@casa-trinity.org if interested. In person or on Zoom. Meeting ID: 871 1346 1498 Passcode: AirSteuben</p> <hr/> <p>5:30PM–6:30PM Mindful Yoga Meeting ID: 821 3372 8509 Passcode: 880564</p> <hr/> <p>6:45PM–7:45PM The Women’s Circle AA Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>12:30PM–1:30PM Queer Coffee Club Meeting ID: 575 682 0610 Passcode: airchemung</p> <hr/> <p>5:30PM–7PM Life Recovery Meeting Meeting ID: 844 0188 5608 Passcode: Recovery</p> <hr/> <p>7PM–8PM AI–Anon Meeting Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>11AM–12pm Grief Support Group Meeting ID: 869 4707 2536 Passcode: AirSteuben 54 Liberty Street</p> <hr/> <p>1:30PM–2:30PM All Recovery Meeting. Meeting ID: 891 6632 4197 Passcode: 309304</p>	<p>6PM–7PM Recovery Dharma Meeting ID: 886 9381 7107 Passcode: AirSteuben</p>

***OLEAN ONSITE MEETINGS – IF IT IS YOUR FIRST GROUP AT THE MANNY HANNY BUILDING, CALL JUSTIN (716) 790 – 9204, MINDY (716) 378 – 3365 OR GABBY (716) 790 – 1085 FOR DIRECTIONS IF NEEDED! ENTRANCE AT REAR OF BUILDING, TO THE RIGHT OF ARMOND'S & SINGER STORE. PRESS INTERCOM LABELED "AIR CATT" (ONLY INTERCOM ON BUILDING). ***

*Saturday weekly outdoor events. Check our FB page or attached event list for details, locations, and carpooling options.
Personal training throughout the week by appt. only. Email Sean at ssmith@casa-trinity.org to set up an in person or zoom session.*

March 2025- Weekend Events

Stay up to date on all of these events and more by visiting our Facebook page! @AIRAdventuresInRecovery

134 Main Street, Dansville, NY | 456 E. Church Street, Elmira, NY 14901 | 201 S. Union Street, Olean, NY 14760 | 54 Liberty Street, Bath, NY

3/1 FINGERLAKES TRAIL IN HORNELL!!!

12pm Parking at the intersection of Spencer Hill Rd and S. Woods Rd. Hornell NY. We will be hiking over varied terrain for 2–3 hours, so please wear appropriate footwear and dress for the weather. If you are interested in carpooling options from our different AIR Centers we will need to know by 2/27. Email Sean at ssmith@casa-trinity.org if you are interested in carpooling from The Center in Dansville. Email Jess at jshaffer@casa-trinity.org if you are interested in carpooling from The Center in Bath. Email Emily esindoni@casa-trinity.org or call/text her at (607) 738–4966 if you are interested in carpooling from Elmira. Email Alex at ltwitty@casa-trinity.org if you are interested in carpooling from Olean.

3/8 KEUKA LAKE OUTLET TRAIL HIKE!!!

12pm Keuka Lake Outlet Trail 98 Seneca St Dresden NY. We will be hiking over varied terrain with multiple hills for 2–3 hours, so please wear appropriate footwear and dress for the weather. If you are interested in carpooling options from our different AIR Centers we will need to know by 3/7. Email Sean at ssmith@casa-trinity.org if you are interested in carpooling from The Center in Dansville. Email Jess at jshaffer@casa-trinity.org if you are interested in carpooling from The Center in Bath. Email Emily esindoni@casa-trinity.org or call/text her at (607) 738–4966 if you are interested in carpooling from Elmira. Email Alex at ltwitty@casa-trinity.org if you are interested in carpooling from Olean.

3/15 SAINT PATRICK SWAYZE DAY!!!

12pm 134 Main St Dansville NY. Celebrating St. Patrick's Day at The Center with corned beef and cabbage and Patrick Swayze movies! Dish to pass is appreciated but not required. Bring the family and join us! Email Sean at ssmith@casa-trinity.org if you are interested in carpooling from The Center in Dansville. Email Jess at jshaffer@casa-trinity.org if you are interested in carpooling from The Center in Bath. Email Emily esindoni@casa-trinity.org or call/text her at (607) 738–4966 if you are interested in carpooling from Elmira. Email Alex at ltwitty@casa-trinity.org if you are interested in carpooling from Olean.

3/22 WATKINS GLEN HIKE!!

12pm Watkins Glen South Entrance, parking in the large parking lot by the outdoor pool. We will be hiking over varied terrain for 2–3 hours, so please wear appropriate footwear and dress for the weather. If you are interested in carpooling options from our different AIR Centers we will need to know by 3/20. Email Sean at ssmith@casa-trinity.org if you are interested in carpooling from The Center in Dansville. Email Jess at jshaffer@casa-trinity.org if you are interested in carpooling from The Center in Bath. Email Emily esindoni@casa-trinity.org or call/text her at (607) 738–4966 if you are interested in carpooling from Elmira. Email Alex at ltwitty@casa-trinity.org if you are interested in carpooling from Olean.

3/29 ALLEGANY STATE PARK HIKE AT THUNDER ROCKS!!

12pm Parking at the end of Thunder Rocks Rd in Allegany State Park, Redhouse NY. We will be hiking over varied terrain for 2–3 hours, so please wear appropriate footwear and dress for the weather. If you are interested in carpooling options from our different AIR Centers we will need to know by 3/20. Email Sean at ssmith@casa-trinity.org if you are interested in carpooling from The Center in Dansville. Email Jess at jshaffer@casa-trinity.org if you are interested in carpooling from The Center in Bath. Email Emily esindoni@casa-trinity.org or call/text her at (607) 738–4966 if you are interested in carpooling from Elmira. Email Alex at ltwitty@casa-trinity.org if you are interested in carpooling from Olean.

