

Fighting Stigma

Each and every one of us has a role we can play to change stigma and encourage treatment for those who need it.



Sean S.

When I talk about stigma and recovery I remember the faces of meth billboards. These billboards depict people in active addiction. In some of the communities we serve these billboards have reinforced a belief "once an addict, always an addict". My life is proof, there is hope for recovery!

THREE SIMPLE STEPS WE ALL CAN TAKE:

- 1 Change our words and terminology:**
Substitute terms such as "addict" and "junkie" with "person with a substance use disorder."
- 2 Educate ourselves:**
Increased knowledge diminishes stigma. Acquire information about the science of addiction, mental health, substance use disorders, the science of trauma, and medication-based treatments.
- 3 Personal Experiences:**
Personal Experiences: Positive engagements with individuals facing stigmatized conditions can reshape attitudes. Encourage individuals to openly share their personal experiences.

PEOPLE CAN AND DO CHANGE.
FOLLOW THE QR CODE AND LISTEN AS OUR PEERS
SHARE ON LIFE AFTER ADDICTION.



Hope begins here.

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