

mental health

STABILIZATION GROUP

Mental Health Outpatient Treatment and Rehabilitation Services

Stabilization Group

CASA-Trinity's Mental Health Program offers a Stabilization Group to provide therapeutic support and structure to ease the transition from a higher level of care, such as an inpatient setting, as an individual returns to the community.

The group is also open to any individual that may benefit from the increased support to enhance their mental and emotional health and overall stability.

open enrollment

JOIN AND EXIT THE GROUP
WHEN READY

The flexibility of an open enrollment group allows clients to enter and exit the program as needed.

Group Schedule:

THURSDAY
11 AM - 12 PM



JOIN NOW!

TELL YOUR PRIMARY THERAPIST YOU ARE INTERESTED...

THEY CAN GET YOU SIGNED UP WHEN YOU ARE READY!

Contact

- (607) 737-5215 Option 3
- 244 W. Water St, Elmira NY
- casa-trinity.org

