

ALL IN A YEARS WORK!

CASA-TRINITY INC. | CATTARAUGUS COUNTY

JUNE 2023 VOLUME 1

This Year in Review

Hey there friends! This was yet another amazing year filled with new and fun experiences. No one knew what this school year would bring with school policies surrounding COVID-19, but boy did we all come out resilient!

Now that schools are returning to a sense of normality from before the pandemic, it is great to see everyone's shining faces and be together again.

All of our prevention staff at CASA-Trinity want to give a warm thank you to all school staff and faculty for another amazing school year with their students.

We cannot stress our gratitude enough for allowing us to come into your schools and teach the importance of the Too Good for Drugs and Teen Intervene programs.

With your continued partnerships, we are able to implement these programs to their fullest value to serve your students.

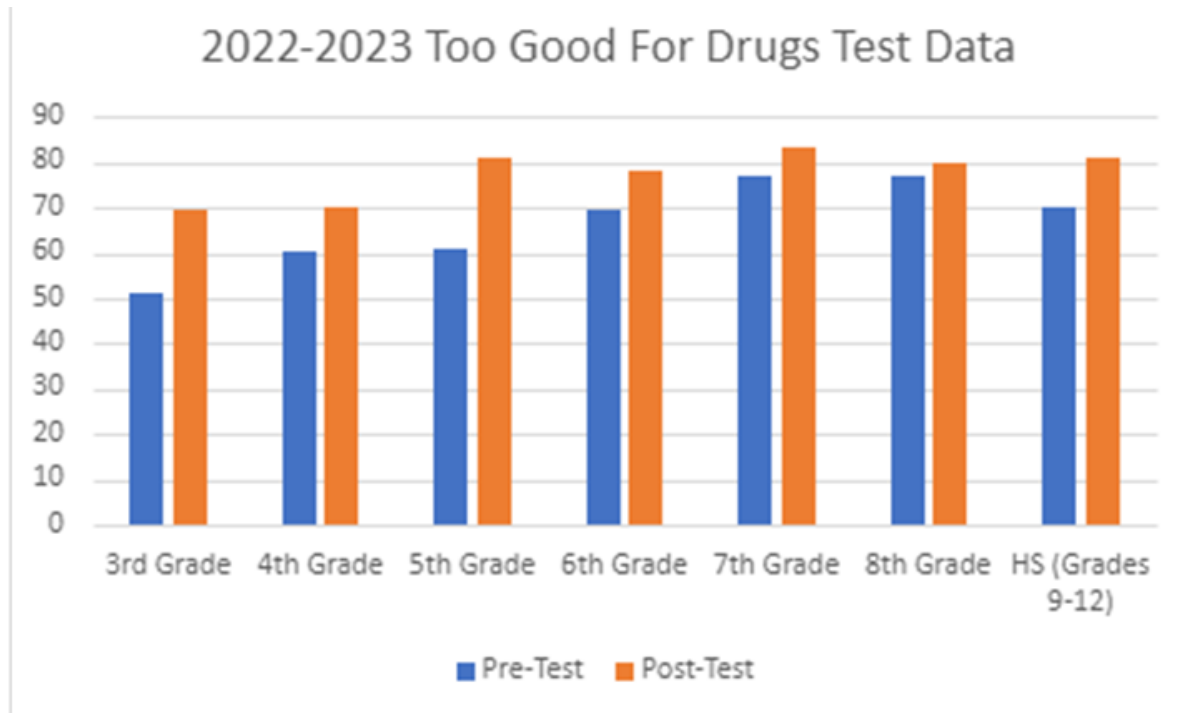
We couldn't do this work without you!



Erica Sebastian

Erica started with CASA-Trinity in April of 2014. Erica is the captain of our smooth sailing ship, and we are grateful for her guidance! As the Prevention Supervisor, Erica ensures that all of our services are executed ethically and effectively for those we serve in Cattaraugus County.

2022-2023 Evidence-Based Programming Recap



Each grade level from the beginning of the Too Good for Drugs program showed an increase in knowledge by the completion of the program.



Tammy VanEtten

Tammy started with CASA-Trinity in June of 2022.

Tammy has been teaching the first grade *Too Good for Drugs* curriculum, as well as instructing Teen Intervene services in Cattaraugus County.

Tammy also facilitates our WISE program with Mae and Carrie!

2022-2023 Recap by Grade Level

Third grade Too Good for Drugs:

15 classes, 21.3% increase in knowledge.

Fourth grade Too Good for Drugs:

15 classes, 10.1% increase in knowledge.

Fifth grade Too Good for Drugs:

9 classes, 17.21% increase in knowledge.

Sixth grade Too Good for Drugs:

4 classes, 8.8% increase in knowledge.

Seventh grade Too Good for Drugs:

6 classes, 6.25% increase in knowledge.

Eighth grade Too Good for Drugs:

12 classes, 3.13% increase in knowledge.

High School Too Good for Drugs:

8 classes, 10.81% increase in knowledge.

Teen Intervene County Wide:

71 total referrals with 64 successful cases county wide.

Active Parenting and Wellness Initiative for Senior Education Recap

CASA–Trinity's WISE program (Wellness Initiative for Senior Education) has been smooth sailing since its program launch!

Carrie, Mae, and Tammy have all been working diligently to provide this program to its full efficiency, and even have classes coming up this fall in Gowanda and Yorkshire!

This program was designed to provide education to the importance of living a healthy lifestyle for senior citizens, ages 60+, in Cattaraugus County.

CASA–Trinity's Active Parenting and Triple P programs are also available to provide education services for parents across Cattaraugus County.

If you would like information on how to register for these programs, please contact Erica Sebastian at esebastian@casa-trinity.org.



Mae Staedelmaier

Mae started with CASA–Trinity in September of 2022. Mae has been quite the busy bee teaching both first and third grade *Too Good for Drugs* curriculum and instructing Teen Intervene services in Cattaraugus County. Mae also instructs Active Parenting and WISE classes throughout the county!

Sizzlin' Summer Activities!

This summer, CASA–Trinity prevention team will be hard at work making this summer one to remember!

We have lots of fun events planned, such as participation in summer recreation programs, movie nights at the Olean YMCA, and much more to come!

We will also be around Cattaraugus County setting up displays at local libraries introducing our prevention services to the public. You can also catch us this summer at the Cattaraugus County Fair, stop by our booth and say hello!

You may also see us at local convenience stores stickering for "Project Sticker Shock"; a campaign created by youth for youth designed to spread awareness on the laws pertaining to the sale of alcohol to minors.

Do you know a student who needs community service hours, or just wants to help around the community? We are always looking for volunteers to help out with community projects! Be a leader, giving back to your community means a lot more than you may think.



Carrie Brown

Carrie started with CASA–Trinity in January 2023. Carrie teaches both third grade and high school *Too Good for Drugs* curriculum, as well as instructs Teen Intervene services in Cattaraugus County.

Carrie also teaches Active Parenting and WISE classes. Carrie is also our master face painter for kids' events!

Partnering with our Communities

This year, CASA–Trinity prevention was able to accomplish great things with our communities here in Cattaraugus County!

Along with our school–based programs, we were able to create school awareness campaigns surrounding alcohol and substance abuse for school staff and parents.

These campaigns ranged from alcohol use, vape and marijuana use, as well as energy drink use effects on youth.

Prevention was also able to table at many events to support our community members and families.

CASA–Trinity prevention, in partnership with Healthy Cattaraugus County (HCC), tabled at many of these events to spread awareness on substance abuse.

HCC also hosts school–based projects, including a bookmark contest for alcohol/marijuana prevention!

HCC has also been working hard on other outside projects, including Project Prom Promise, billboard campaigns, and Social Norm Awareness bench ads across Cattaraugus County!



Stephanie Kubiak

Stephanie started with CASA–Trinity in February 2023. Stephanie has been teaching the sixth grade and high school *Too Good for Drugs* curriculums, and instructs Teen Intervene services in Cattaraugus County. Stephanie also runs the Healthy Cattaraugus Coalition with Katelynn Smith.

Supporting Cattaraugus County

Busy as a bee! This summer CASA–Trinity will be planning and begin to implement Triple P parenting empowerment classes for Fall, 2023.

Triple P parenting sessions will include methods to which parents can connect, communicate, and manage behaviors with both teens and primary care children; ages 0–12.

Along with Triple P, our prevention team will also start planning BASICS (Brief Alcohol Screening and Intervention for College Students) sessions.

BASICS is designed to refine or augment existing skills to drink in lower risk ways by setting goals and utilizing harm reduction planning.

Switching gears, Healthy Cattaraugus (HCC) has been tabling at numerous events to get the "word out" to community members about our coalitions hard work.

HCC continues to build, support, and maintain partnerships with many local organizations in keeping kids safe from alcohol and drug usage.

CASA–Trinity is now offering its TAWW (Team Awareness Workplace Wellness) program. Structured for various educational environments, TAWW is a community wellness program that focuses on the ripple effect, resilience and thriving, and health conscious of one's well-being.



Katelynn Smith

Katelynn started with CASA–Trinity in February 2023. Katelynn's involvement includes building, supporting, and maintaining community relationships throughout Cattaraugus County. Her experience involves being part of numerous community projects; as well as other community coalitions. Katelynn also partners with Stephanie in running the Healthy Cattaraugus Coalition.

Healthy Cattaraugus County Gives Back



Elise Notham,
Portville Central School
HS Bookmark contest winner



Kate Freeman, Sticker Shock



Carrie Brown, Sticker Shock



Isabel Fredenburg,
Randolph Central School
MS Bookmark Contest winner



Cattaraugus Prevention Pup on one
of our bench boards in Olean, NY.

Healthy Cattaraugus County Gives Back



Kate Freeman, Strawberry Festival



Clark's Subs, Pizza Box Campaign



Oilers Kids Day, Olean, NY



Katelynn Smith, STROLEAN



Billboard in Olean, NY

Thoughts, and a Wrap Up!

Thoughts from Kate

The 2022–2023 academic year was full of new opportunities and growth for the communities we serve in Cattaraugus County.

While working in surrounding schools, there has been a sense of togetherness with school districts and administrators welcoming CASA–Trinity prevention to teach their students in various grade levels.

Students were eager, inspired, and happy to learn the importance of the Too Good for Drugs curriculum, as well as being able to institute the Teen Intervene program in Cattaraugus County schools.

We at CASA–Trinity prevention thank all school faculty and staff for another amazing year and look forward to the 2023–2024 school year!

Kate's Wrap Up!

Hello everyone! I want to give a warm thank you for welcoming me in your classrooms this year.

As this was my first rotation teaching the Too Good and Teen Intervene curriculums with CASA–Trinity, I am so happy I was able to reach schools across Cattaraugus County to teach the importance of these programs.

I enjoyed working with various grade levels, including kindergarten and high school students, as well as enjoying working with faculty and staff; I have felt an immense amount of support in this journey.

I hope you all have an amazing summer, and I am looking forward to seeing you all next school year!



Kate Freeman

Kate started with CASA–Trinity in January 2023. Kate has been teaching the Kindergarten *Too Good for Drugs* curriculum, as well as instructing Teen Intervene services in Cattaraugus County. Kate also loves to create school awareness projects for parents and school staff!

What's in Store for Next Year?

We are incredibly proud of the work we've done this year, and we look forward for what's to come for next year!

With the help and support of our schools and community members, we were able to reach far and wide to provide services to those within Cattaraugus County. Within prevention, we have been able to implement our WISE, Active Parenting, Teen Intervene, and Too Good for Drugs programs effectively, and will continue to do so.

Our goals for this upcoming year are to be able to connect with more students in more school districts and be able to offer more programs throughout the county.

All of our prevention staff will be CPR trained, as well as trained in Screening, Brief Intervention and Referral to Treatment (SBIRT), as well as Substance Abuse Prevention Skills Training (SAPST).

In addition, the Cattaraugus County prevention team is also making a goal to table at more community events to spread awareness of CASA–Trinity's prevention services.

Our biggest goal this coming year is for the community to become aware of who we are, and that we are here to support our communities in any way we can!

For more information regarding any of our services, please contact Erica Sebastian, Prevention Supervisor at esebastian@casa-trinity.org.

Thank you for your continued support this year!

Sincerely,

The Cattaraugus County Prevention
Education Team at CASA–Trinity.

Hope begins here.

CASA  **TRINITY**

COUNCIL ON ALCOHOL AND SUBSTANCE ABUSE

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