

Teen Intervene FAQs

- I. Who can refer to Teen Intervene? Anyone who is concerned about a teen's alcohol or other drug use can refer him or her to Teen Intervene. This includes but is not limited to:
 - Parents
 - Teachers
 - Counselors
 - Medical providers
 - Schools
 - Police
 - Judges
 - Probation Officers
 - Friends
 - Teens can self-refer!
- II. Do parents or guardians have to sign anything? Students/teens will need signed permission to attend the Teen Intervene sessions.
- III. Does Teen Intervene address marijuana and opioid use? Teen Intervene can address all types of drugs and drug use, including marijuana and opioids. The content of the program allows the Prevention Specialist to adjust discussions and goals of behavior change based on the drug or drugs relevant to each specific teenager.
- IV. Which teens might not benefit from Teen Intervene? Teens who are daily substance users or suffer from an untreated psychiatric disorder, such as a major affective disorder or psychosis may be better suited to other programs. However, Teen Intervene may be used with teens who have a more severe substance use disorder if they are on a waitlist for other treatment.
- V. Can a student be seen more than once? A student may be referred more than one time, specifically if they are using another substance or use has progressed, however, several referrals may indicate the need for additional support and referral.
- VI. Do I need insurance to participate in the Teen Intervene program? No! Teen Intervene is a free program for all eligible teens in Tioga County
- VII. Where do Teen Intervene sessions take place? The Prevention Specialist can meet the teen at school, a public library or at another public location, such as the prevention offices, as appropriate.
- VIII. How do I make a referral? This can be completed online, using the following link.
[Prevention Services Referral Form Cattaraugus County \(office.com\)](https://www.cattarauguscountyny.gov/PreventionServices/ReferralForm)